

# MODULE SEVEN

## REVISITING YOUR FIVE AREAS

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### INTRODUCTION

At the very beginning of your new member experience, we invited you to join us as an equal in co-creating that experience while actively engaging you in our **Five Areas of Development**: *Spiritual, Intellectual, Social, Leadership, and Fraternal*.

Now is your opportunity to reflect on and showcase your development across these five areas through your Individual Capstone project. It is not our expectation that you are now a finished product as a leader or as a person. Instead, it is our intention that your new member experience is just the beginning of your lifelong journey of continuous self-improvement.



### INTROSPECTION

#### Spiritual Development

In Module 2 – Spiritual Development, we discussed the ideas of mission and vision, and we challenged you to consider your talents, the needs of the world, and where your talents and what the world needs intersect. In the module's Plan activity, you identified one way you could use your talents to address what your campus or your community needs. In the module's Execute task, you did that one thing.

#### End State:

Phi Kappa Theta Brothers explore their natural curiosity about spirituality and individual purpose. Phi Kappa Theta's Ritual is a guide to help men develop spiritually. Phi Kappa Theta embraces its Catholic heritage, welcomes diversity, and embodies the moral values upon which it was established.



### ASSESS

After investing in the last six modules increasing your knowledge and refining your skills, how would you score yourself for Spiritual Development on the scale of 1 (low) to 10 (high)?

|                                      |   |   |   |   |   |   |   |   |   |    |
|--------------------------------------|---|---|---|---|---|---|---|---|---|----|
| Spiritual Development (in Module 1): | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Spiritual Development (Present):     | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

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What is one highlight or story you can share that shows how you have grown in your Spiritual Development through your new member experience?

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### INTROSPECTION

#### Intellectual Development

In Module 3, the focus was on Intellectual Development. The goals for that module were to equip you for academic success, ignite a desire for lifelong learning, and to help you in finding your career fit. For the Plan activity, you created a weekly schedule to accommodate your classes, study groups, and work, as well as a plan for studying and learning actively over time. In that module, your Execute task was to conduct an informational interview to learn about a career, company, or industry.

#### End State:

Phi Kappa Theta attracts intellectually motivated men who share a passion for lifelong knowledge, learning and development. Phi Kappa Theta exceeds retention rates, average GPAs and graduation rates of our host institutions by providing an intellectually stimulating environment and consistent standards of academic performance. Phi Kappa Theta challenges members to maximize their lifelong personal and professional development.

### ASSESS

After investing in the last six modules increasing your knowledge and refining your skills, how would you score yourself for Intellectual Development on the scale of 1 (low) to 10 (high)?

|   |   |   |   |   |   |   |   |   |   |    |
|---|---|---|---|---|---|---|---|---|---|----|
| Intellectual Development (in Module 1): | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Intellectual Development (Present):     | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

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What is one highlight or story you can share that shows how you have grown in your Intellectual Development through your new member experience?

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### INTROSPECTION

#### Social Development

We challenged you to foster your Social Development in Module 4 of your new member experience, which included the goals to: Gain insights into how you perceive others, and how you are perceived by others, illuminate the nature of groups and organizations, and showcase different roles that are needed in groups and organizations. The Plan activity asked you to identify three strategies you could implement to enhance your Emotional Intelligence (EQ) and three strategies to improve your Social Intelligence (SQ), and you then followed through on two of those strategies, one each for EQ and SQ, for the Execute task.

#### End State:

Phi Kappa Theta fosters human development through community service and social interaction. Phi Kappa Theta members are socially engaged, recognizing their responsibility to affect positive change in themselves and others. Phi Kappa Theta's values are demonstrated through the actions of our members, who better their communities as citizens in a global society.

### ASSESS

After investing in the last six modules increasing your knowledge and refining your skills, how would you score yourself for Social Development on the scale of 1 (low) to 10 (high)?

|   |   |   |   |   |   |   |   |   |   |    |
|---|---|---|---|---|---|---|---|---|---|----|
| Intellectual Development (in Module 1): | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Intellectual Development (Present):     | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

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What is one highlight or story you can share that shows how you have grown in your Social Development through your new member experience?

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### INTROSPECTION

#### Leadership Development

In Module 5 – Leadership Development, we discussed Servant Leadership and the Social Change Model of Leadership Development, using those leadership models to empower you as a leader who inspires and serves others, demonstrates socially responsible leadership, and learns from failures and setbacks. In the module's Plan activity, you considered three ways you could demonstrate Servant Leadership, two ways to engage in socially responsible leadership, and one way to embrace discomfort and failure. *In the module's Execute task, (Week 5 Execute to be revised).*

#### End State:

Phi Kappa Theta actively develops the next generation of business, professional, and civic leaders by providing real world experience. Campus organizations, communities and employers worldwide seek Phi Kappa Theta members because they are ethical, value based, and socially responsible leaders. Phi Kappa Theta leaders are known for their ability to inspire and serve others, takes intelligent risks, and learn from their mistakes. Phi Kappa Theta is recognized as society's leadership incubator.

### ASSESS

After investing in the last six modules increasing your knowledge and refining your skills, how would you score yourself for Leadership Development on the scale of 1 (low) to 10 (high)?

|                                       |   |   |   |   |   |   |   |   |   |    |
|---------------------------------------|---|---|---|---|---|---|---|---|---|----|
| Leadership Development (in Module 1): | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Leadership Development (Present):     | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

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What is one highlight or story you can share that shows how you have grown in your Leadership Development through your new member experience?

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### INTROSPECTION

#### **Fraternal Development**

Finally, the focus in the last module was on Fraternal Development. The goals for your Fraternal Development through your new member experience are to challenge you to commit to a journey of lifelong brotherhood, connect you to a network of collegiate and alumni members, and embrace responsibility for your Brothers, your community, and society. In the Plan activity, you considered the Seasons of a Life and created a first draft for how you can continue your journey with Phi Kappa Theta throughout your life. In the Execute task, you created a specific plan for continuing your growth in the Five Areas of Development, beginning with the completion of your new member experience.

#### **End State:**

Phi Kappa Theta is a committed journey of lifelong brotherhood. Phi Kappa Theta maintains its relevance through a valuable network of collegiate and alumni members. Phi Kappa Theta challenges its members to accept responsibility for all Brothers, their communities and society.

### ASSESS

After investing in the last six modules increasing your knowledge and refining your skills, how would you score yourself for Fraternal Development on the scale of 1 (low) to 10 (high)?

|                                      |   |   |   |   |   |   |   |   |   |    |
|--------------------------------------|---|---|---|---|---|---|---|---|---|----|
| Fraternal Development (in Module 1): | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Fraternal Development (Present):     | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

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What is one highlight or story you can share that shows how you have grown in your Fraternal Development through your new member experience?

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### ASSESS

List the highlight or story you chose for each of the Five Areas of Development, as well as the difference in scores for each of the areas from the first module to now.

**Spiritual Development:**

Score Difference for Spiritual Development (from \_\_\_ to \_\_\_):

**Intellectual Development:**

Score Difference for Intellectual Development (from \_\_\_ to \_\_\_):

**Social Development:**

Score Difference for Social Development (from \_\_\_ to \_\_\_):

**Leadership Development:**

Score Difference for Leadership Development (from \_\_\_ to \_\_\_):

**Fraternal Development:**

Score Difference for Fraternal Development (from \_\_\_ to \_\_\_):

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## INDIVIDUAL CAPSTONE

### PLAN

Look at what you were able to accomplish and the ways in which you have grown in the last six modules. What could you accomplish in the next six months? The next six years? Or a lifetime?

Reflect on the feedback and suggestions you received from your Big Brother/Alumnus Mentor on your plan for continuous self-improvement. Organize the plan you developed in the last module for continuing your growth in the context of the Five Areas of Development.

| Area         | What | When (How Often) | Where | With Whom |
|--------------|------|------------------|-------|-----------|
| Spiritual    |      |                  |       |           |
| Intellectual |      |                  |       |           |
| Social       |      |                  |       |           |
| Leadership   |      |                  |       |           |
| Fraternal    |      |                  |       |           |

Which area of development are you most excited about in improving? Why?

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## MODULE SEVEN

# EVALUATE TOGETHER



## EVALUATE

Meeting with Big Brother/Alumnus Mentor:

(If the Individual Capstone project is not delivered to  
or recorded by a Big Brother/Alumnus Mentor.)

- Over a lifetime, mentorships end for many reasons; because circumstances change, people move, interests change, etc. **With the coming end of your new member experience, your formal relationship with your Big Brother/Alumnus Mentor also will draw to a close.** In your last meeting, discuss the below questions for your last Evaluate meeting:
  1. What have you learned from your time with your Big Brother/Alumnus Mentor?
  2. What are your plans for continuing your growth in the Five Areas of Development?
  3. What “parting advice” does your Big Brother/Alumnus Mentor have for you?
  4. What kind of ongoing support is your Big Brother/Alumnus Mentor prepared to provide?